



Green Dot-Destiny

FEATURE OF THE MONTH

Franz Bakery

Franz Bakery is a fourth generation, family-owned baking company based in Portland, OR. Since 1906, Franz has been providing communities with fresh bread, buns, bagels, cookies and pastries, using the highest quality ingredients. Fresh n' Local Foods is proud to partner with Franz in both Salem, OR and Tacoma, WA to provide our customers with locally produced whole grain bread, rolls and buns.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3 Breakfast: WW Dipperdoodle Bar, Yoplait Raspberry Yogurt, fresh fruit Lunch: (DF) Meaty Spaghetti, WG Garlic Bread, fresh fruit, and veggies Alt. Lunch: (V, GF) Vegetarian Taco Salad		4 Breakfast: String Cheese, Annie's Honey Grahams, fresh fruit Lunch: (DF) Teriyaki Chicken with Rice, fresh fruit, and veggies		5 Breakfast: Muffin, Yoplait Raspberry Yogurt, fresh fruit Lunch: Turkey & Cheddar Hoagie, fresh fruit, and veggies		6 Breakfast: Hardboiled Egg, WG Zac Attack Bar Strawberry, fresh fruit Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies		7 Breakfast: String Cheese, Honey Oat Granola Bar, fresh fruit Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies	
10 Breakfast: String Cheese, WG Honey Nut Cereal, fresh fruit Lunch: (V) Mozzarella Pasta Bake, WG Garlic Bread, fresh fruit, and veggies Alt. Lunch: (V, GF) Vegetarian Taco Salad		11 Breakfast: Muffin, fresh fruit, Applesauce Cup Lunch: (DF) Orange Chicken, fresh fruit, and veggies		12 Breakfast: String Cheese, Annie's Honey Grahams, fresh fruit Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies		13 Breakfast: Hardboiled Egg, WG Original Cheerios, fresh fruit Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies, and veggies		14 Breakfast: WW Zac Attack Bar Apple, Yoplait Raspberry Yogurt, fresh fruit Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	
17 Breakfast: WW Dipperdoodle Bar, fresh fruit, Fruit Juice Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies Alt. Lunch: (V, GF) Vegetarian Taco Salad		18 Breakfast: String Cheese, Muffin, fresh fruit Lunch: (DF) Teriyaki Chicken with Rice, fresh fruit, and veggies		19 Breakfast: Yoplait Raspberry Yogurt, Chocolate Grahams, fresh fruit Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies Alt. Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies		20 Breakfast: String Cheese, WG Honey Nut Cereal, fresh fruit Lunch: Turkey & Cheddar Hoagie, fresh fruit, and veggies		21 Breakfast: Cheddar Cheese Stick, Muffin, fresh fruit Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	
24 Lunch: No School		25		26		27		28	

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES

Green Dot is an equal opportunity provider.