



# Green Dot-Destiny

## FEATURE OF THE MONTH

### Franz Bakery

Franz Bakery is a fourth generation, family-owned baking company based in Portland, OR. Since 1906, Franz has been providing communities with fresh bread, buns, bagels, cookies and pastries, using the highest quality ingredients. Fresh n' Local Foods is proud to partner with Franz in both Salem, OR and Tacoma, WA to provide our customers with locally produced whole grain bread, rolls and buns.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Breakfast: WG Honey Nut Cereal, Hardboiled Egg, fresh fruit  Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies	<b>2</b> Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit  Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, and veggies	<b>3</b> Breakfast: Muffin, Applesauce Cup, fresh fruit  Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies
<b>6</b> Breakfast: Annie's Honey Grahams, String Cheese, fresh fruit  Lunch: (DF) Meaty Spaghetti, WG Garlic Bread, fresh fruit, and veggies  Alt. Lunch: (V, GF) Vegetarian Taco Salad	<b>7</b> Breakfast: Honey Oat Granola Bar, fresh fruit, Applesauce Cup  Lunch: (DF) Orange Chicken, fresh fruit, and veggies	<b>8</b> Breakfast: String Cheese, Muffin, fresh fruit  Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies	<b>9</b> Breakfast: WG Honey Nut Cereal, Hardboiled Egg, fresh fruit  Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies	<b>10</b> Breakfast: Muffin, Fruit Juice, fresh fruit  Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies
<b>13</b> Breakfast: Hardboiled Egg, Chocolate Grahams, fresh fruit  Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies  Alt. Lunch: (V, GF) Vegetarian Taco Salad	<b>14</b> Breakfast: Muffin, String Cheese, fresh fruit  Lunch: Cheesy Quesadilla with Refried Beans, fresh fruit, and veggies	<b>15</b> Breakfast: Yoplait Raspberry Yogurt, WG Original Cheerios, fresh fruit  Lunch: Turkey & Cheddar Hoagie, fresh fruit, and veggies	<b>16</b> Breakfast: String Cheese, WW Zac Attack Bar Apple, fresh fruit  Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies	<b>17</b> Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit  Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies
<b>20</b> Breakfast: String Cheese, Chocolate Grahams, fresh fruit  Lunch: (V) Mozzarella Pasta Bake, WG Garlic Bread, fresh fruit, and veggies  Alt. Lunch: (V, GF) Vegetarian Taco Salad	<b>21</b> Breakfast: Muffin, String Cheese, fresh fruit  Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies	<b>22</b> Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit, Fruit Juice  Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies	<b>23</b> Breakfast: Hardboiled Egg, Honey Oat Granola Bar, fresh fruit  Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies	<b>24</b> Breakfast: Muffin, fresh fruit, Applesauce Cup  Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies
<b>27</b> Lunch: No School	<b>28</b> Breakfast: Muffin, String Cheese, fresh fruit  Lunch: (DF) Orange Chicken, fresh fruit, and veggies  Alt. Lunch: (V, GF) Vegetarian Taco Salad	<b>29</b> Breakfast: Hardboiled Egg, Annie's Honey Grahams, fresh fruit  Lunch: Turkey & Cheddar Hoagie, fresh fruit, and veggies	<b>30</b> Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit  Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, and veggies	<b>31</b> Breakfast: String Cheese, WG Original Cheerios, fresh fruit  Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES

Green Dot is an equal opportunity provider.